



# SCISSORS-Delhi

Bimonthly Newsletter of Delhi-ASI



**"If your actions inspire others to dream more, learn more, do more and become more, you are a leader" ~ John Quincy Adams**

Gratitude is the moral language of mankind. With gratitude in my heart to our leaders from past & with gratefulness for the trust reposed in me, I pray to live up to your expectations of me. Founders of our state chapter, for sure were visionary leaders, as their baby steps continue to inspire us to dream more, learn more, do more & become more. I had the privilege of having had close encounters with these leaders since my house job days in 1984 (PGY1 then). Some of them continue to inspire even today, to do at least as much if not more than what they did even in those non-digital media days. I will be failing in my duty to respect them by not recalling their names for youngsters to remember. Prof. SM Gulati, Prof. Attam Prakash, Prof. SN Budhiraja, Prof. Sandeep Mukherjee, Prof. N Singh, Prof. SB Agarwal & Prof. KC Mahajan are some, whose direct affection, I was privileged to receive. Watching them, the Guru Mantra I learnt was that, do not hesitate to start anything of value, start by doing the necessary & you would naturally graduate to doing the possible & even what was once thought to be impossible. The journey of our chapter mirrors this sentiment. It started with a small tea club with a Samosa thrown in. It marched on to pocket many possibilities with a repeated tryst with once impossible. There were some stumbling blocks along this march, but the leadership utilized them as stepping stones. Persistently thinning attendances at our monthly meetings were a worrisome matter, that raised an existential question few years back. To address this, the leadership improved its communications & started to work on academic programs targeted at PGs with planning of PG master class held first in 2015 & a structured program named SCOPE soon thereafter. Enthusiasm was rejuvenated, chapter bagged National ASI Award for Best paper in 2014, National ASI Award for Best Innovation in 2015 & finally the best state chapter award in 2017. All these accolades impart a sense of trusteeship as well as responsible accountability. In current era driven by marketing instincts, individualization of interests, primacy of individual needs, establishments driven hierarchies, industry driven merits, media driven bandwagons & paucity of individual mentors, the role of our ASI Chapter is

crucial to shield our individual members from these factual concerns. It has to be trustee of every individual's genuine aspirations and professional potential. We as your representatives have some additional individual responsibilities to enhance this trusteeship & add to the goodwill & assets of the chapter. Enthused by our leaders in past, we will continue to enhance our chapter activities besides infusing fresh energy into existing monthly meetings, PG Classes, Master classes & SCOPE etc. I feel blessed to have, your support, guidance of our parent national leadership, experience of past state leadership, energy of a young vibrant executive & my conviction to stand up for an individual. All these will help us maintain & sustain the existing and achieve much more. This can be made possible by your active & interactive participation in all our activities, the monthly meetings being the basic obligation. Kindly give your inputs on all matters & any information about individuals achieving much more than is known of them, for them to be appreciated & honored by our fraternity.

Let us continue to inspire more to dream more, achieve more, become more and become better than us. We all are a perishable commodity; hence our primary responsibility is to create our replacements better than us. To achieve this, we all must enhance camaraderie, foster fellowship & believe in dreams of each one as a common dream of our fraternity. We are very creative craftsmen & we would do well to remember a famous saying " A creative person is motivated by desire to achieve & not beat". Steven Spielberg put it something like this, " A dream just whispers, it never shouts, so we have to be ever ready to hear the whisper in our ear. Let us all work towards making younger surgeons become our replacements & better than us at that, better dreamers with better creativity.

Best Wishes  
Warm regards & Love

**Brij B Agarwal**



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## Bailey and Love, Skilled surgeons, inspirational teachers, dedicated authors



**Henry Hamilton Bailey**  
1894-1961

I first came upon Bailey and Love's Short Practice of Surgery as a third year medical student some forty years ago. So began a long association, one I know many readers of the Newsletter will share.

My first edition was the 16th, published in 1975, edited by Harding Rains, Professor of Surgery at Charing Cross Hospital, London and David Ritchie, Professor at the London Hospital. Here was a book that covered the entire syllabus in surgery and more - extensively illustrated with classical clinical photographs, covering the essentials needed by the undergraduate in large font, the more detailed post-graduate information in smaller font and annotated with biographical footnotes. Together with Hamilton Bailey's Clinical Signs and Emergency Surgery, the 16th edition saw me through final MB, BCh, Primary FRCSI and Final FRCSI. No other text came close to encompassing the heritage of the surgery. Little did I know then that I would have the privilege of co-editing the 25th, 26th and 27th editions.

Love and Bailey met as registrars at the London Hospital between 1922 and 1925. Bailey was much the more prolific writer of the two, having already published Clinical Signs (1926) and Emergency Surgery (1930) before both were appointed to the Royal Northern in 1931. In 1926 Bailey married Veta Gillender, a professional photographer who was to act as his lifelong collaborator and who was responsible for most of the clinical photography in the early editions.

Bailey's surgical career was foreshortened by depression that followed the death of his only son in a railway accident in 1943. After prolonged treatment, he responded to lithium, which had just been introduced, and was able to resume his literary career until his death in 1961 from complications following surgery for colonic cancer.

McNeil Love had much less to do with later editions of the textbook and instead engaged with



**Robert J Mc Neill Love**  
1891-1974

the Court of Examiners of the Royal College of Surgeons, of which he was Chairman, retiring in 1953. Love died in 1974.

With Bailey's death in 1961, Harding Rains took over as senior editor with John Charnley, of hip prosthesis fame (13th edition), Melville Capper, a Bristol surgeon (14th, 15th editions), David Ritchie, (16th, 17th editions), and Charles Mann, also from the London Hospital (18th – 22nd editions). By the end of this period the book was established as one of the foremost surgical texts in the world.

Professors Chris Russell, Norman Williams and Chris Bulstrode guided the textbook into the 21st century with extensive revision and modernization of the 22nd, 23rd and 24th editions. A five-year cycle of complete revision, modernization and illustration has been adopted in the 25th, 26th and now the 27th edition.

The Short Practice of Surgery has stood the test of time and occupies a familiar place in every surgeon's library. Electronic publication, social media and visual abstracts have changed the way medical students and trainees learn, however such media will ever convey the familiarity, heritage and wisdom encompassed in "Love and Bailey". I hope you share this feeling and enjoy the new edition when it becomes available early in 2018



**P. Ronan O'Connell**  
MD, FRCSI, FRCS  
Dublin

## Synopsis of the monthly meeting of ASI-Delhi state chapter

**First monthly meet** was organised by Research & Referral Army Hospital on 27th January 2018. Surgery residents of R & R hospital presented 4 interesting cases to mark a splendid opening of this years ASI-Delhi meetings.

1. Sqn Ldr Prashant Bahirani- Large complex cystic lesion in Right Iliac fossa.
2. Maj Piyush Khatkar- case series of 3 patients who underwent Pancreatico-duodenectomy for suspected pancreatic malignancies and were later found to be benign lesions.
3. Sqn Ldr J P Mishra- Posterior interossi nerve syndrome of unknown etiology.
4. Maj Amit Kumar Singh- Dual malignancy in a 59 year male.

At the end of the meet Dr. Deborshi Sharma invited Prof Brij B Agarwal on the stage and the honour of president of ASI-Delhi was conferred on Prof Brij B Agarwal by the previous president Prof CK Durga.



**Second monthly meet** was organised by AIIMS on 17th Feb 2018. The meeting was started with the welcome address by Prof Anurag Srivastava and Prof. B B Agarwal.

There were 2 case discussions presented by Dr. Vishwa Bharti- Carcinoma Breast and by Dr. Ankit Dhiman- Inguinal Hernia. This was followed by 5 interesting clinical case presentation:

1. Dr. Kaustoubh S Gaur- Stranger in the neighbourhood.
2. Dr. Manjunath Bale- Difficulties of Laparoscopic Cholecystectomies in Situs Inversus Totalis.
3. Dr. Shashikiran NJ- Surgical management of Adult Bochdalek Hernia.
4. Dr. Chitra Lingarajaiah- An Unusual case of vomiting in an elderly patient.
5. Dr. Soumya Ghoshal- Small wound- Are they really innocuous



## Chapter Activities in the month of January & February



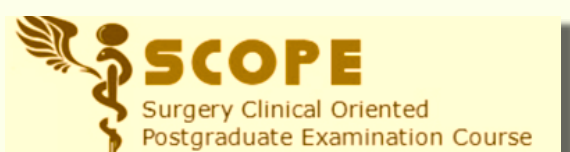
Handing over ceremony after January monthly meet at R&R Hospital. Honour of president of ASI-Delhi was conferred on Prof Brij B Agarwal by Prof CK Durga on 27th January 2018



Executive meeting with important agendas concerning the chapter held at CSOI on 2nd February 2018, under the leadership of our President Prof. BB Agarwal and past presidents and our Secretary Dr Tarun Mittal



4th SCOPE Course organised at RML Hospital under the Convenership of Prof Chintamani (Editor in Chief Indian Journal of Surgery) and Chairmanship of Prof C K Durga (Immediate Past President ASI- Delhi State Chapter). It was well attended programme in which more than 300 postgraduate students across India participated





**2nd Monthly meet Organised by AIIMS- Delhi. PG Master Class with Prof. Chintamani and Prof. Anurag Srivastav, Prof. Brij B Agarwal and Dr. Tarun Mittal took place before the Clinical meet, well attended by the Post Graduate students.**



**Basic Hands on Skill Course for PG Students organised by Delhi State Chapter in a special custom made bus by Johnsons & Johnsons. Mr Gravin Fox Smith, Vice President Asia Pacific Region for Surgical Education from Ethicon Institute inaugurated the program.**



**ESI HOSPITAL, BASIAIDARAPUR, under the aegis of Delhi State Chapter organized one day cme on COLORECTAL CANCER UPDATE on 6th march ,2018**



**Innovations in Surgical Education** organised by Institute of Minimal Access Surgery, Sir Ganga Ram Hospital on 21st February. Prof Ranjan Sudan (Duke University, USA) & Dr Methew M Hutter (Harward Medical School, Boston, USA) were the invited faculty. Topics Discussed were **Innovations in Surgical Education and Measuring and Improving the Quality of Surgical Care.**

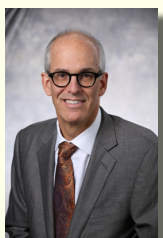


**New Horizons in Minimally invasive Surgery**, organised by department of surgery, Sir Ganga Ram hospital on 1st March 2018. Prof Roland Scherer (Germany), Prof Phillip Shadduck (Duke University), Prof Tracy Hull & Prof Hermann Kessler (Cleveland Clinic) were the invited International Faculty.

## Awards and Achievements

- ◆ **Best State Chapter Award for our State Chapter- at Jaipur, SURGICON-2017**
- ◆ **Prof CK Durga-** received the 'Nari Shakti' Award by the H'able President of India
- ◆ **Prof Arun Prasad-** Appointed as the President of OSSI (Obesity Surgery Society of India)
- ◆ **Prof Brij B Agarwal-** selected as one of the best three Surgeons in the world (Society of Lapro-Endoscopic Surgeons of America), Appointed on Editorial board of International Journal-SLEPT (Surgical Laparoscopy Endoscopy & Percutaneous Techniques)

## Congratulatory messages.....



It is an extreme honour and privilege for me to author this introductory note in the 1st newsletter of the Association of Surgeons of India- Delhi State Chapter. First and foremost, I wish to congratulate the entire team of the ASI-Delhi. I look forward to hearing and seeing the many successes of the Indian Association of Surgery- Delhi State during 2018 knowing that Brij is at the helm of this vibrant, active, and illustrious surgical society.

**Steven D Wexner**  
USA



Congratulations to the entire team of Association of Surgeons of India- Delhi State Chapter.

**Phillip Shadduck**  
USA



It's a pleasure and honour for me to congratulate the new team of the Association of Surgeons of India- Delhi State Chapter.

**Roland Scherer**  
Germany



It is my great honour and pleasure to congratulate the team of ASI-Delhi and I am delighted to convey most sincere greetings the Association, personally and on behalf of Israeli Surgeons, with hopes of our continuing and fruitful cooperation with the goal of mutual benefit.

**Joel Sayfan**  
Israel



I am very grateful for several decades of association with the leading members of "The Association of Surgeons of India". The scientific and social interaction with them has been nothing but tremendous and extremely enriching. And of course, the "The Association of Surgeons of India, Delhi State" is the most vibrant and exciting society in India. I congratulate the entire team of the ASI Delhi State chapter. All their new drives will no doubt further enhance communications, both Nationally and Internationally, and in both scientific and social spheres of influence.

**Francis Seow**  
Singapore



Medicine is truly fascinating, and being a surgeon is the Olympus. Skillful fingers and sharp mind - remove illnesses, reshape or replace organs in a constant battle. To be a Surgeon, it is not enough to know anatomy and physiology. It is a long journey, in which the difference between fear and cowardice is not always clear. Every good surgeon knows that surgery never ends at the last stitch and always leaves at least two scars: one in the patient and the other in the surgeon. At last, we believe surgery is more than pure science, it is an art, a complex art of temporary truths and the only unchangeable truth we can have in surgery, is the certainty that eventually everything will change. Be prepared, the future is NOW!

**GUSTAVO CARVALHO**  
MD  
Recife, Brazil

## Communication Skills for Doctors

Medicine is the art of applying one's scientific knowledge to heal a person suffering from disease. It attracts some of the most sincere and brilliant individuals who are prepared very methodically for this great responsibility. They are diligently trained in continuously evolving theoretical and clinical aspects of medicine by their teachers and later by their associations through conferences, CME's, workshops, etc.

Surprisingly, the art of communication is not mentioned in medical syllabus. A doctor is expected to convert his massive knowledge into successful treatment after a brief interaction with the patient in his chamber, where diagnosis may vary from an uncomplicated appendicitis to a hopeless sarcoma of the femur. Shift the scene to an emergency room, where he may come across a life threatening rupture of the intestine or a seriously injured unconscious patient accompanied by a restive crowd. Managing each of these situations necessitates not only medical acumen but also mental dexterity. Stabilising the patient, explaining to and pacifying relatives and collaborating with paramedical staff, nurses and colleagues from various departments requires good communication skills.

Let us try to see what is communication. As per oxford dictionary, the word communication means "the imparting or exchanging of information by speaking, writing or using some other medium". Therefore, talking to patients, treating team and colleagues; writing notes in files, emails, SMS and Whats App; virtual conferences are all communication. Body language and pitch and tone of speech are nonverbal communication and may reinforce or contradict what is being spoken. Speech and nonverbal elements are expressions of mind. Therefore, mental structure influences the communication directly. It includes thoughts,

attitudes, desires and motives; emotions and emotional intelligence; previous experiences; intelligence as well as social and cultural factors that mould our mind. Context, duration, timing and purpose of interaction are important, too. All these factors are the lens through which one perceives one's experience. Communication skill is the ability to convey one's message effectively through this sea of variables encountered while talking to others. Understanding and managing one's emotions during an interaction promotes this ability.

Good communication is rooted in good behaviour and mental poise. A confident demeanor, brief introduction, undivided attention with good eye contact, basic regard for the patient and willingness to answer his questions sets the stage for a good doctor patient relationship. It is important to summarise the main findings of the interview, discuss treatment plan and complications, if any and manage patient's concerns. Keeping calm and alert sees one through difficult encounters.

Doctor should settle issues like when and how he can be contacted and what to do in case of an emergency. It is good to tell patients when to use email and messages. Purpose and implications of interacting with patients on social media should also be mulled over before resorting to it.

A good rapport with the patient and listening to his spoken and unspoken dialogue, satisfy the patient and increase the chances of treatment adherence. It may offer protection from the rising tide of discontent, paranoia, assaults and litigation against the doctors nowadays.

**Dr. Anita Mahajan**  
**Consultant Psychiatry, SGRH**

### **Message From Secretary.....**

Esteemed seniors and colleagues

I have mixed feelings of being proud and of pleasure after taking over as secretary of delhi state chapter of Association of Surgeons of India but it also have put a lot of pressure on me to contribute meaningfully into individual members professional life and also to provide good learning platform for post graduates of Delhi and surrounding area.

We have started post graduate master classes along with monthly clinical meet, we will also be regularly organising hands on workshop for post graduates and colleagues along with monthly clinical meet.

We have also decided to open a Medico Legal

cell for benefit of our practitioners to take help from there colleagues who have been regularly managing and helping there colleagues if unfortunately they have medico legal case against them. We have decided to make Dr Harsha Jauhari the chairman of that committee. He will be involving other senior members of chapter who are willing to contribute.

We are open to suggestions and criticism of our fellow colleagues and seniors.

Jai hind  
Long live ASI,  
Long live Delhi State Chapter

**Dr Tarun Mittal**

